

Lucid Motion: Creation workshop
Contemporary dance+theatre tools

From sensations to shapes
Turning Inside out.

Short version:

This workshop seeks to find an expression of the unique movement of each participant by articulating tools of contemporary dance, and theater in a creative and playful way. We will play with concrete improvisation guidelines so as to be conscious of where within ourselves we are coming from, from where we are doing what we do, with the intention that this awareness allows us to know where our focus is and what relationships we are establishing when we improvise. ; and so we can dive as deep as possible into the development of an idea with a clear direction in search of a particular universe. The objective is to immerse ourselves in a Methodology, in a "way of doing", that gives us a structure to make coherent decisions based on each improvisation we make; and thus understand what we are generating and transmitting and at the same time feel free to play within this creative world. We will try to move in connection with our thoughts and sensations, paying attention on what we are thinking and feeling while we move, in order to reach a complete, opened, available body while moving. These tools will be used as a vehicle to open a wide range of possibilities of expression that will be awakened by self-exploring and connecting with our undiscovered, hidden or blocked capacities of expression. We will focus one-on-one exercises but we'll also participate in group and individual activities .

-Directed to anyone who is interested in the movement and the search for its particular expression. No previous experience is needed, no partner needed.



PH Barbara Crosetti

LUCIO A. BAGLIVO

Lab Project

I work as a dancer, acrobat, actor, dance teacher and director / choreographer.

I was a federated gymnast from 1987 to 1992 and Metropolitan Champion of sports gymnastics in 1990 and sub-champion in 1989.

In 1999 I started training at the Circus School La Arena and contemporary dance and theater with different teachers in Argentina and Spain. From the year 2000 until today I work for different companies of theater, circus and dance in Argentina and Europe.

I've started to make my own creations from the year 2006. Since 2007 I have lived in Madrid, Spain. So far my projects have been presented in different countries such as Germany, Turkey, Argentina, Brazil, Holland, USA, Greece, Denmark, Chile, Spain and Italy. I've been supported by Robert Wilson, Compañía Nacional de Danza (Spain) and Centro Danza Canal (Spain).

The objective of my works is to achieve a scenic work that, through dance, acrobatics and theater, transmits emotions and connects with the viewer, enhancing all the senses on stage. Each project seeks a language of its own movement and a particular stage poetics.

In May 2015 I premiered my project "Solo Juntos" at the Umore Azoka Festival in Leioa, in the Basque Country, Spain. Since then "Solo Juntos" has performed more than 70 performances at different festivals in Spain and the rest of the world.

My last project "MyL", created with the flamenco dancer Mariana Collado, premiered also in May 2019 at the Umore Azoka Festival in Leioa, Basque Country and later on in July was invited to perform at Art ort Festival in Heidelberg, Germany. And later on performed at MasDanza Festival and Teatro Victoria, both in Canary Islands. MyL (2.0), its long version, premiered in November in Madrid. In 2021 is chosen to tour in the following circuits: Red de teatros alternativos, Spain and Red de teatros de la Comunidad de Madrid, Spain. Also the creation will be part of Teatros del Canal of Madrid, the most important theatre in the city in January. The short version will be performed in Spoffin Festival, Holland in August of 2021.

In 2020 my new project "Mientras tanto" was chosen to be part of Surge Madrid Festival and it was premiered as a working progress in October. The project also obtained the financial support of the city of Madrid by the "Ayudas a la creación coreográfica" program. In 2021 the project will premiere in April in Madrid. And also the short version for open spaces, "Yo me salgo de aquí", will premiere in May.

I work as a director and teacher teaching acrobatics, Contemporary dance classes and Creation Workshops developing my own methodologies Lucid Motion and Sensitive Memory, which are in constant dialogue with my creations, for different companies and schools of circus, theatre and dance conservatories of Spain, Germany, Brazil, Greece, Switzerland, Italy, Belgium and Argentina.

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Ph Florencia Velasques